

YOU MATTER TOO

FIVE EVIDENCE-INFORMED REMINDERS FOR EVERY QUEENSLAND EARLY CHILDHOOD EDUCATOR

The relationships you build with yourself shape the relationships you build with children.

HAPPY
EDUCATORS DAY

Thank you
FOR ALL YOU DO,
EVERY DAY.

1

You don't have to be perfect.

Children don't need perfect educators. They need caring, responsive adults who notice them, listen and repair when things go wrong.

SUPPORTS



QA5 – Relationships with Children

ECA Code of Ethics

Act in the best interests of children.
Build trusting, respectful relationships.

2

Regulate yourself first.

Your calm nervous system helps children regulate theirs.

*One slow breath. One pause.
One connected response.*

SUPPORTS



QA5 – Relationships with Children

QA2 – Children's Health and Safety

ECA Code of Ethics

Promote children's wellbeing and emotional security.

3

Connection before correction.

Behaviour is communication.

Seek to understand before seeking compliance.

SUPPORTS



QA1 – Educational Program and Practice

QA5 – Relationships with Children

EYLF Principle

Secure, respectful and reciprocal relationships.

4

Notice one success today.

Before you leave, ask yourself:

- ✓ Who smiled because of me?
- ✓ Who learned something new?
- ✓ Who felt safe with me?

Small moments create lifelong memories.

SUPPORTS



QA7 – Governance and Leadership

Continuous reflection and professional growth.

5

You matter too.

Children flourish when educators flourish.

*Looking after yourself isn't selfish.
It is part of professional practice.*

SUPPORTS



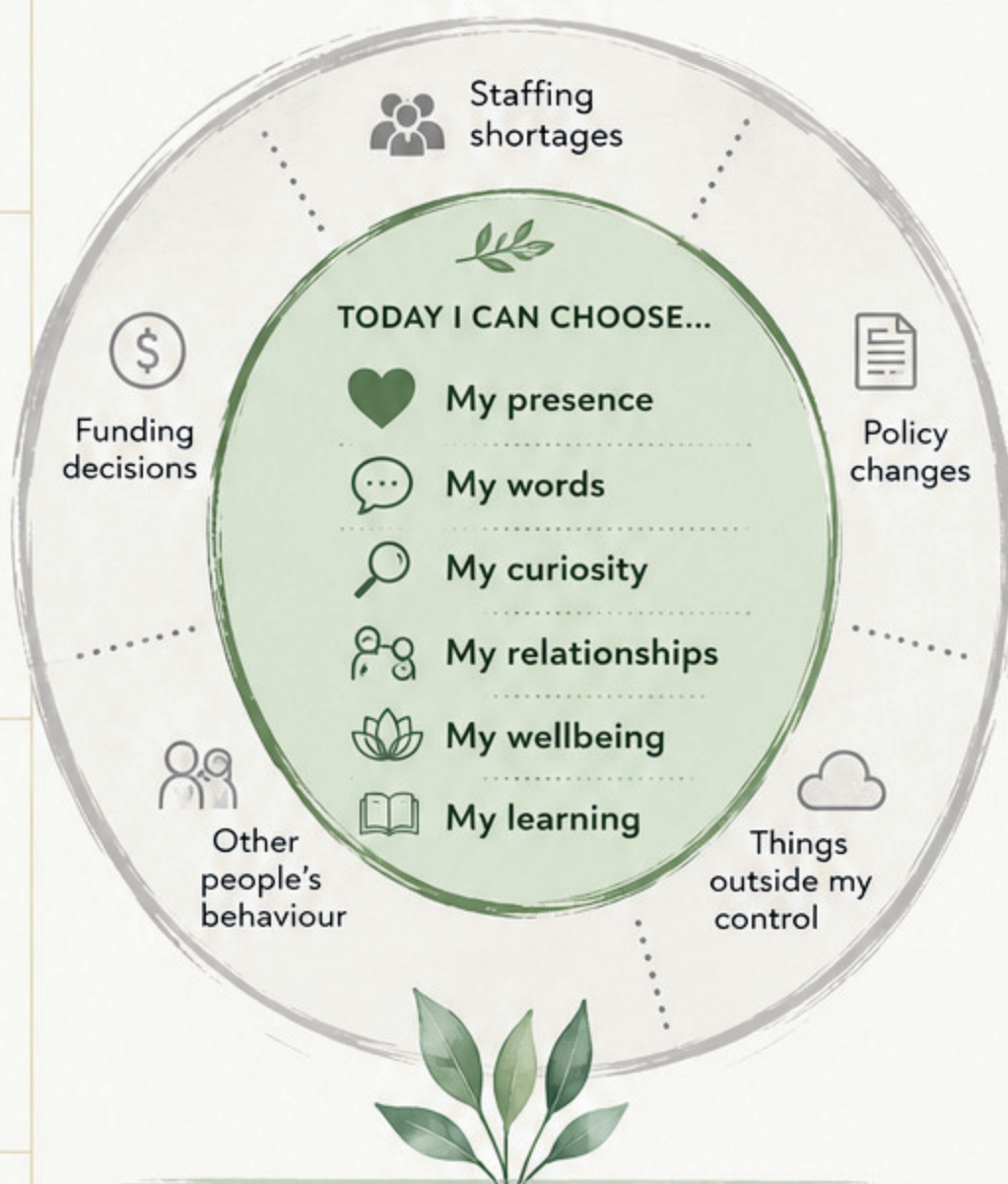
QA4 – Staffing Arrangements

ECA Code of Ethics

Value the wellbeing, dignity and contributions of colleagues.

Your Circle of Influence

Focus your energy where you can make the biggest difference.



Lead where your influence is strongest. 

Every interaction is an opportunity to help a child feel **safe, capable and connected.**



These reminders are aligned with the National Quality Standard and the Early Childhood Australia Code of Ethics.

They reflect our shared commitment to high quality education, children's wellbeing and the value of educators.



Learn Lead Thrive

LEARN WITH PURPOSE.
LEAD WITH INSIGHT.
THRIVE TOGETHER.

*We see you. We value you.
Together, we make a difference
in the lives of children and families
every single day.*



learnleadthrive.com.au

Check out our blog for more
relational practice information



LEARN LEAD THRIVE